









BEGINNER'S CB



POPULAR CBD BRANDS.COM



WHAT IS CBD? (&) CANNABIDIOL



WHAT IS CBD?

CANNABIDIOL (CBD) is a compound unique to cannabis and hemp plants. CBD is extracted from industrial hemp and does not produce the psychoactive effects often associated with THC.

CBD extracted from hemp is versatile, and there are a variety of products containing CBD. Below are four types most commonly sold:



READY FOR SHIPPING

CBD and hemp products ship legally throughout the US and can be delivered right to your door









BENEFITS OF CANNABIDIOL (CBD)

CBD is a non-psychoactive compound derived from hemp or marijuana, with numerous potential health benefits. CBD may reduce

- **✓** ACNE
- CHRONIC PAIN
- **CRAVINGS**
- **✓** INSOMNIA
- **✓** INFLAMMATION
- **ANXIETY**

BENEFITS OF CBD: **FOOD OR SUPPLEMENT**

Hemp oil is a source of complete protein, and offers healthy fats, essential fatty acids, vitamin E, and minerals



Soluble & insoluble fiber promote digestive health





Omega-3 and Omega-6 fatty acids improve skin and relieve eczema



Arginine and GLA may reduce the risk of heart disease



Gamma-linolenic acid (GLA) may reduce symptoms of PMS and menopause

POPHE GBD

FULL-SPECTRUM





Full-Spectrum CBD contains every cannabinoid present in the cannabis or hemp plant.



Full-Spectrum products contain small amounts of THC (0.3%) which could cause one to fail a drug test.

ISOLATE





Isolate CBD is when the cannabinoid CBD is seperated from all the other compounds present in the plant.



Other cannabinoids offer some benefits which will not be present in a CBD isolate.

THE ENTOURAGE EFFECT

A 2015 study, noted that full-spectrum CBD offers higher levels of anti-inflamatory relief than isolate CBD at the same dose. The higher efficiency of full-spectrum plant extract can be explained by synergistic interactions between CBD, terpenes, and other cannabinoids present in a full-spectrum extract.



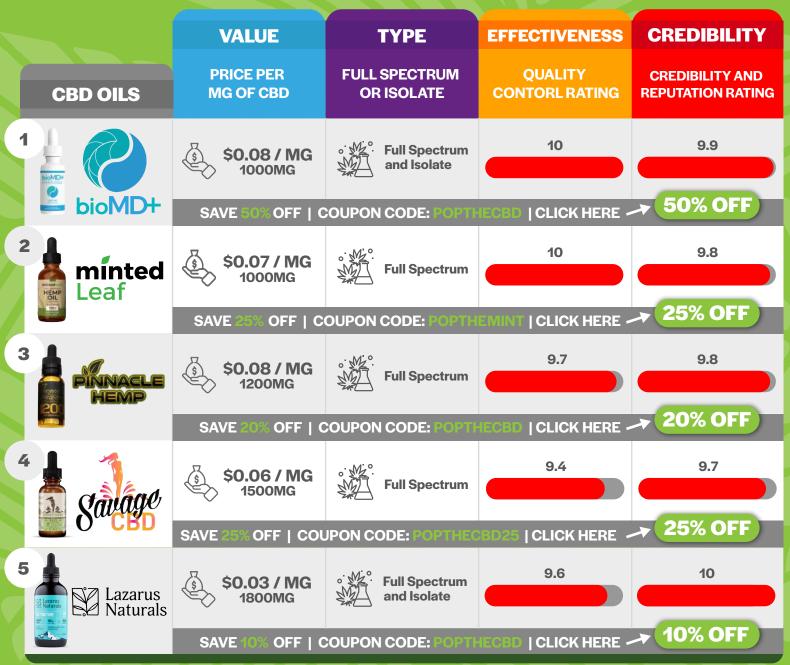


- **✓** Allergies
- √ Glaucoma
- Anxiety
- √ Skin Irritation
- ✓ Chronic Pain
- ✓ Seizures and Epilepsy
- **✓** Inflamation
- **✓** Arthritis



BEST CBD OIL TINCTURES









CBD TREATMENT FOR PTSD





WHAT IS PTSD?



POST TRAUMATIC STRESS DISORDER

Post-traumatic stress disorder (PTSD) is a mental health condition that's triggered by a terrifying event – either experiencing it or witnessing it.

Symptoms may include flashbacks, nightmares and severe anxiety, as well as uncontrollable thoughts about the event.



HOW DOES CBD WORK?

@POPTHECBD



Cannabinoids block the continuous RETRIEVAL of the traumatic event, thus enhancing its extension and reducing its associated ANXIETY



CBD influences the endocannabinoid system, which plays a role in maintaining EMOTIONAL homestasis



CBD can help regulate memory consolidation, retrieval and extension



CBD helps reduce ANXIETY and promotes deeper, more regular SLEEP PATTERNS

STUDIES ON CANNABINOIDS AND CBD'S EFFECT ON PTSD



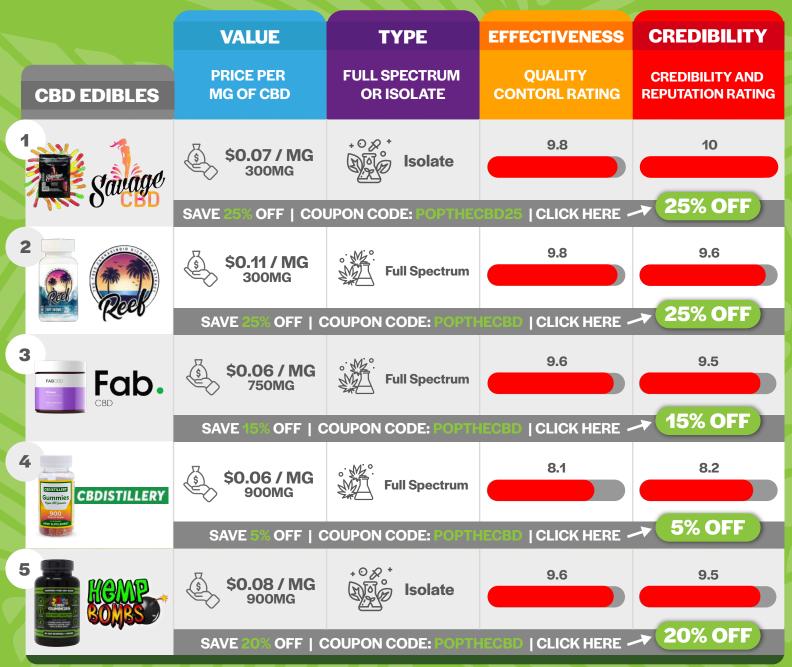
of PTSD patients saw a reduction in PTSD symptoms, when they were using cannabis products compared to when they were not.





BEST CBD EDIBLES









Discover safe, effective, and top-rated CBD products at PopularCBDBrands.com

CBD TREATMENT FOR PAIN RELIEF



CHRONIC PAIN

Chronic pain can begin without any obvious cause. But for many people, it starts after an injury or because of a health condition.



25 MILLION AMERICANS



30% of Patients

Perscribed opiods for chronic pain misuse them and develop dependence



Painkillers

Are responsibile for a 300% increase in overdoses since 1999

LIVE WITH CHRONIC PAIN

SYMPTOMS

- A dull ache
- Throbbing
- Burning
- Shooting
- Squeezing
- Stinging
- Soreness
- Stiffness

symptoms caused by chemotherapy.

CHRONIC PAIN & MENTAL HEALTH

Chronic pain can interfere with your daily life, keeping you from doing things you want and need to do. It can take a toll on your self-esteem and make you feel angry, depressed, anxious, and frustrated.

HOW DOES CBD WORK?,



By activating the TRPV-1 receptors CBD regulates
PAIN PERCEPTION



CBD has **ANTI-INFLAMMATORY** properties which help inflamed musices



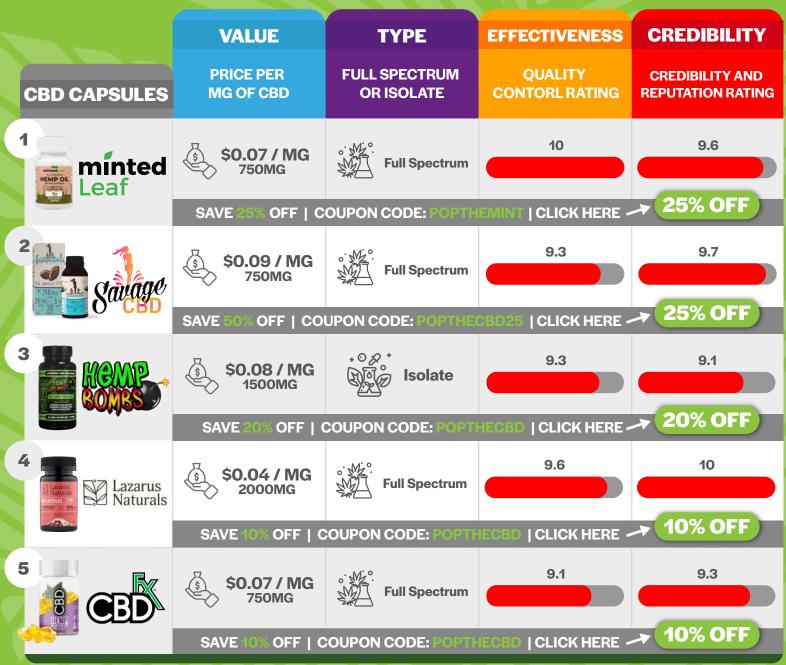
CBD has shown to show improvement in regards to pain for those suffering from ARTHRITIS

Best of all, CBD does not have reported SIDE EFFECTS.



BEST CBD CAPSULES



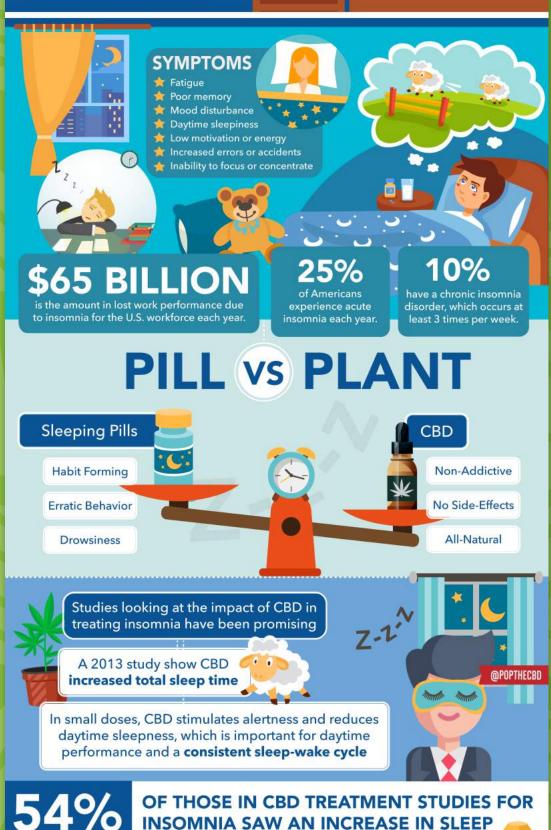






CBD TREATMENT FOR INSOMNIA



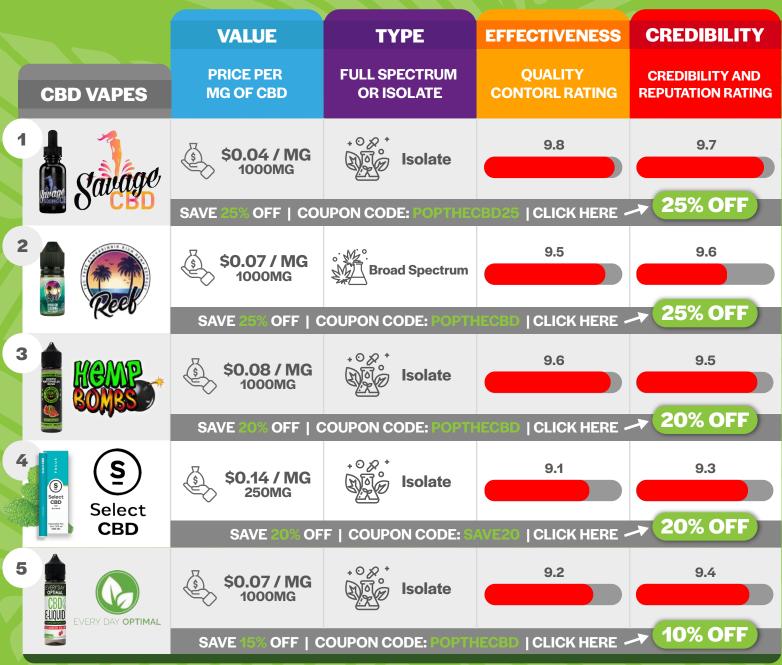






BEST CBD VAPES & OILS











ACNE is an inflammatory condition, research indicates CBD's soothing properties can help diminish breakouts and reduce redness.



By reducing inflammation and counteracting free-radical damage, CBD anti-aging creams help diminish issues like wrinkles, skin dullness, and ruddy skin tone.

CBD oil is that it has been found to soothe sensitive skin, and may even be able to help inhibit certain triggers of disorders like PSORIASIS and ECZEMA.





BEST CBD TOPICALS



